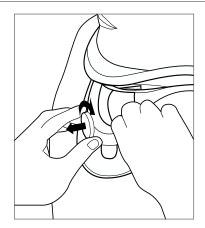
# **Aspen** Vista® MultiPost Collar

#### DOCUMENTATION WORKSHEET: RETAIN IN PATIENT RECORD Page 1 of 2

Doctor:	Fitter:
Patient Name:	Date:
Patient #:	Additional Follow-Up Dates:

FOR USE WITH PRODUCTS MANUFACTURED BY ASPEN MEDICAL PRODUCTS ONLY. THIS PRODUCT IS INTENDED FOR APPLICATION BY HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED MEDICAL AUTHORITY. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.

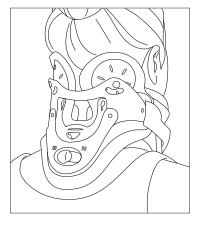
## **STEP 1 - SIZING ANTERIOR PANEL**



Adjust height to ensure neutral positioning.

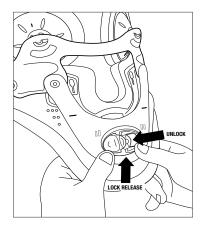
Level selected: 1-6 (1 is the lowest level) \_\_\_\_\_

#### **STEP 2A - SIZING POSTERIOR PANEL**



Place back panel on patient. Determine if height adjustment is necessary.

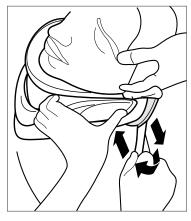
## **STEP 2B - PLACEMENT OF POSTERIOR PANEL**



Do not adjust back panel on patient. If height adjustment is necessary, remove from patient, adjust and reapply. Select level to ensure occipital contact for proper motion restriction.

Level selected: 1-3 (1 is the lowest level) \_\_\_\_\_

#### **STEP 3 - TIGHTENING COLLAR**



Attach loop straps and tighten to achieve proper fit and desired motion restriction. Ensure chin is at or near the forward aspect of the chin piece.

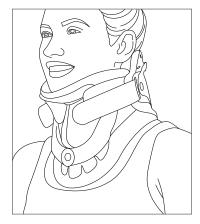




# **DOCUMENTATION WORKSHEET: RETAIN IN PATIENT RECORD Page 1 of 2**

Doctor:	Fitter:
Patient Name:	Date:
Patient #:	Additional Follow-Up Dates:

# **STEP 4 - ASSESS PROPER FIT**



Ensure proper fit

- Anterior height
- Posterior height
- Flex tabs engaged
- Neutral position
- Proper tightening

## STEP 5 - PATIENT EDUCATION

Items to educate patients:
Donning
Doffing
Pad Cleaning
Pad Replacement

**CLINICAL JUSTIFICATION FOR CUSTOMIZING BRACE** 

